

February Newsletter from the Institutional Equity Diversity and Inclusion Office



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News & Reminders

Welcome back to the start of a fresh semester, we missed you! This is just a reminder that here at Buffalo State, you matter and belong. There are resources available here on our campus to help you. Resources can be found on pages 3-4. Please don't be afraid to reach out as ask for help. You are valued here within the Buffalo State community. Also, if you have any questions regarding Title IX you can visit: [Title IX FAQ | Equity and Diversity | SUNY Buffalo State University](#) or email: titleix@buffalostate.edu

Awareness Days

All Month: American History Month

All Month: Black History Month

All Month: Canadian History Month

All Month: Human Relations Month

14th: St. Valentine's Day

15th: Nirvana Day

19th: Presidents Day

20th: World Day of Social Justice

25th: Mardi Gras

28th/29th: Rare Disease Month**

***This awareness month occurs on the 29th in non-leap years & the 28th on leap years*

DEI Quote of the Month

“Diversity is the one true thing we all have in common. Celebrate it everyday”

-Anonymous

Upcoming Events

Bengal Success: A series of workshops to support personal and academic growth. There are 6 workshops total, to gain skills and insights for success. Two meetings are set to be in February.

1st Meeting: Unlocking Your Potential: Goal Setting and Vision Planning.

Date: February 6th

Time: 12:15-1:30

Location: Tech 160

2nd Meeting: Black History Current Climate- Special Guest Speaker Tommie Blunt!

Date: February 20th

Time: 12:15-1:30

Location: Tech 160

Social Justice Book Club: The Social Justice Book Club provides a space for Buffalo State University community members to have meaningful conversations about challenging topics. Follow this link to the form to join today! <https://forms.office.com/r/LkEmscigRt>

1st Meeting

Date: February 11th

Time: 12:30-1:30

Location: Bacon 223

2nd Meeting

Date: February 20

Time: 12:30-1:30

Location: Bacon 223

Beyond Boundaries: The Beyond Boundaries Screening & Discussion Series is an annual, six-part film series organized around categories of diversity including, but not limited to race, gender, class, sexuality, and abilities, with an emphasis on intersectionality.

Date: February 20,

Time: 7:00

Location: Burchfield Penny Arts Center

Movie: Daughters: Four girls prepare to reunite with their fathers through a special dance at a DC jail in this moving documentary about the healing power of love.

On Campus Resources

The Campus Closet

- Students can visit as many times as they like.
- Professional/casual professional clothing suitable for working in schools, job interviews, internships, or employment.
- They accept donations as well.
- Students from any discipline can email Tamara Horstman-Riphahn to set up a time to visit during the workday.

Tamara Horstman-Riphahn: horstmath@buffalostate.edu

Milligan's Food Pantry

- Open Monday through Friday, from 10 am – 4 pm
 - Located in Room 416 in the Campbell Student Union.
 - You will have to complete a short form when you visit
- Email Juliet Meade with any questions.

Juliet Meade: meadejl@buffalostate.edu

List of On Campus Resources

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On Campus Resources Continued

Weigel Health Center

- Open Monday–Friday: 8:30 a.m.–4:30 p.m. Last student seen at 4:00 p.m.
- **Services**
 - **General Health:** Immunizations, Physicals, The Counseling Center, Women's Health
 - **Testing:** Blood Pressure Monitoring, STI, HIV, Rapid Flu, Rapid Mono, Rapid Strep A, Pregnancy Test, Glucose, and Urinalysis for UTI's
 - **Education:** CPR Classes, Narcan Training, Tobacco Cessation
- For more information visit: <https://weigel.buffalostate.edu/services>

Buffalo State Counseling Center

- Located in the Weigel Health Center
- Students may visit or contact the Counseling Center in the Weigel Wellness Center by email at counselingcenter@buffalostate.edu or by calling (716) 878-4436.
- Faculty and staff members may seek assistance from the Employee Assistance Program by emailing eap@buffalostate.edu or by leaving a confidential voice mail at (716) 878-6699. A coordinator will promptly return the call.
- For more information visit: <https://counseling.buffalostate.edu/>